

AMENDMENTS TO THE CLAIMS

Please amend the claims as follows:

1. (currently amended) A method for prioritizing actions in order to balance the comprehensive health of a user, said method comprising the steps of:
automatically monitoring current health parameters for a particular user at a personal health monitoring system, wherein said current health parameters includes a plurality of monitored physical parameters and a plurality of monitored environmental parameters;
receiving a plurality of actions for selection by said particular user at said personal health monitoring system; and
prioritizing said plurality of actions according to said current health parameters and designated allowances for said particular user at said personal health monitoring system;
presenting the prioritized plurality of actions for selection by said particular user, such that said personal health monitoring system aids said particular user in selecting from among said plurality of actions in order to balance the comprehensive health of said particular user; and
determining a priority level at which sufficient allowances are available for each of said plurality of actions in view of said designated allowances, wherein said designated allowances includes at least one type of allowance from among time allowances, financial allowances, and health allowances.

2. (original) The method for prioritizing actions in order to balance the comprehensive health of a user according to claim 1, said step of monitoring current health parameters for a particular user at said personal health monitoring system further comprising the step of:
monitoring medication intake by said particular user.
3. (original) The method for prioritizing actions in order to balance the comprehensive health of a user according to claim 1, said step of monitoring current health parameters for a particular user at said personal health monitoring system further comprising the step of:
monitoring food and liquid intake by said particular user.

4. (original) The method for prioritizing actions in order to balance the comprehensive health of a user according to claim 1, said step of monitoring current health parameters for a particular user at said personal health monitoring system further comprising the step of:
monitoring environmental exposure of said particular user.

5. (original) The method for prioritizing actions in order to balance the comprehensive health of a user according to claim 1, said step of monitoring current health parameters for a particular user at said personal health monitoring system further comprising the step of:
monitoring exercise performed by said particular user.

6. (original) The method for prioritizing actions in order to balance the comprehensive health of a user according to claim 1, said step of monitoring current health parameters for a particular user at said personal health monitoring system further comprising the step of:
monitoring bodily health indicators for said particular user.

7. (original) The method for prioritizing actions in order to balance the comprehensive health of a user according to claim 1, said step of receiving a plurality of actions for selection by said particular user at said personal health monitoring system, further comprising the step of:
receiving a plurality of selectable medication orders at said personal health monitoring system from a physician accessible server system.

8. (original) The method for prioritizing actions in order to balance the comprehensive health of a user according to claim 1, said step of receiving a plurality of actions for selection by said particular user at said personal health monitoring system, further comprising the step of:
receiving a plurality of selectable food menu items at said personal health monitoring system from a restaurant menu server.

9. (original) The method for prioritizing actions in order to balance the comprehensive health of a user according to claim 1, said step of receiving a plurality of actions for selection by said particular user at said personal health monitoring system, further comprising the step of:

receiving a plurality of selectable electronic recipes at said personal health monitoring system from an electronic recipe server.

10. (canceled)

11. (original) The method for prioritizing actions in order to balance the comprehensive health of a user according to claim 1, said step of prioritizing said plurality of actions according to said current health parameters and designated allowances for said particular user at said personal health monitoring system, further comprising the step of:

determining whether each of said plurality of selectable actions are allowed according to a plurality of conditional requirements for allowance of said plurality of selectable actions.

12. (original) The method for prioritizing actions in order to balance the comprehensive health of a user according to claim 1, said method further comprising the steps of:

transmitting said plurality of actions, said health profile and said designated allowances to an alternate decision making system; and

receiving a prioritization of said plurality of actions from said alternate decision making system at said personal health monitoring system.

13. (currently amended) The method for prioritizing actions in order to balance the comprehensive health of a user according to claim 1, said method further comprising the step of:

filtering said plurality of actions according to electronic preferences designated by said particular use user at said personal health monitoring system.

14. (currently amended) A system for prioritizing actions in order to balance the comprehensive health of a user, said system comprising:

means for automatically monitoring current health parameters for a particular user at a personal health monitoring system, wherein said current health parameters includes a plurality of monitored physical parameters and a plurality of monitored environmental parameters;

means for receiving a plurality of actions for selection by said particular user at said personal health monitoring system; and

means for prioritizing said plurality of actions according to said current health parameters and designated allowances for said particular user at said personal health monitoring system;

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means for presenting the prioritized plurality of actions for selection by said particular user, such that said personal health monitoring system aids said particular user in selecting from among said plurality of actions in order to balance the comprehensive health of said particular user; and

means for determining a priority level at which sufficient allowances are available for each of said plurality of actions in view of said designated allowances, wherein said designated allowances includes at least one type of allowance from among time allowances, financial allowances, and health allowances.

15. (original) The system for prioritizing actions in order to balance the comprehensive health of a user according to claim 14, said means for monitoring current health parameters for a particular user at said personal health monitoring system further comprising:

means for monitoring medication intake by said particular user.

16. (original) The system for prioritizing actions in order to balance the comprehensive health of a user according to claim 14, said means for monitoring current health parameters for a particular user at said personal health monitoring system further comprising:

means for monitoring food and liquid intake by said particular user.

17. (original) The system for prioritizing actions in order to balance the comprehensive health of a user according to claim 14, said means for monitoring current health parameters for a particular user at said personal health monitoring system further comprising:

means for monitoring environmental exposure of said particular user.

18. (original) The system for prioritizing actions in order to balance the comprehensive health of a user according to claim 14, said means for monitoring current health parameters for a particular user at said personal health monitoring system further comprising:

means for monitoring exercise performed by said particular user.

19. (original) The system for prioritizing actions in order to balance the comprehensive health of a user according to claim 14, said means for monitoring current health parameters for a particular user at said personal health monitoring system further comprising:
means for monitoring bodily health indicators for said particular user.

20. (original) The system for prioritizing actions in order to balance the comprehensive health of a user according to claim 14, said means for receiving a plurality of actions for selection by said particular user at said personal health monitoring system, further comprising:
means for receiving a plurality of selectable medication orders at said personal health monitoring system from a physician accessible server system.

21. (original) The system for prioritizing actions in order to balance the comprehensive health of a user according to claim 14, said means for receiving a plurality of actions for selection by said particular user at said personal health monitoring system, further comprising:
means for receiving a plurality of selectable food menu items at said personal health monitoring system from a restaurant menu server.

22. (original) The system for prioritizing actions in order to balance the comprehensive health of a user according to claim 14, said means for receiving a plurality of actions for selection by said particular user at said personal health monitoring system, further comprising:
means for receiving a plurality of selectable electronic recipes at said personal health monitoring system from an electronic recipe server.

23. (original) The system for prioritizing actions in order to balance the comprehensive health of a user according to claim 14, said means for prioritizing said plurality of actions according to said current health parameters and designated allowances for said particular user at said personal health monitoring system, further comprising:
means for determining a priority level at which sufficient allowances are available for each of said plurality of actions in view of said designated allowances, wherein said designated allowances includes at least one type of allowance from among time allowances, financial allowances, and health allowances.

24. (original) The system for prioritizing actions in order to balance the comprehensive health of a user according to claim 14, said means for prioritizing said plurality of actions according to said current health parameters and designated allowances for said particular user at said personal health monitoring system, further comprising:

means for determining whether each of said plurality of selectable actions are allowed according to a plurality of conditional requirements for allowance of said plurality of selectable actions.

25. (original) The system for prioritizing actions in order to balance the comprehensive health of a user according to claim 14, said system further comprising:

means for transmitting said plurality of actions, said health profile and said designated allowances to an alternate decision making system; and

means for receiving a prioritization of said plurality of actions from said alternate decision making system at said personal health monitoring system.

26. (original) The system for prioritizing actions in order to balance the comprehensive health of a user according to claim 14, said system further comprising:

means for filtering said plurality of actions according to electronic preferences designated by said particular user at said personal health monitoring system.

27. (currently amended) A program for prioritizing actions in order to balance the comprehensive health of a user, residing on a computer usable medium having computer readable program code means, said program comprising:

means for automatically monitoring current health parameters for a particular user at a personal health monitoring system, wherein said current health parameters includes a plurality of monitored physical parameters and a plurality of monitored environmental parameters;

means for receiving a plurality of actions for selection by said particular user at said personal health monitoring system; and

means for prioritizing said plurality of actions according to said current health parameters and designated allowances for said particular user at said personal health monitoring system;

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means for presenting the prioritized plurality of actions for selection by said particular user, such that said personal health monitoring system aids said particular user in selecting from among said plurality of actions in order to balance the comprehensive health of said particular user; and

means for determining a priority level at which sufficient allowances are available for each of said plurality of actions in view of said designated allowances, wherein said designated allowances includes at least one type of allowance from among time allowances, financial allowances, and health allowances.

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28. (original) The program for prioritizing actions in order to balance the comprehensive health of a user according to claim 27, said program further comprising:
means for monitoring medication intake by said particular user.

29. (original) The program for prioritizing actions in order to balance the comprehensive health of a user according to claim 27, said program further comprising:
means for monitoring food and liquid intake by said particular user.

30. (original) The program for prioritizing actions in order to balance the comprehensive health of a user according to claim 27, said program further comprising:
means for monitoring environmental exposure of said particular user.

31. (original) The program for prioritizing actions in order to balance the comprehensive health of a user according to claim 27, said program further comprising:
means for monitoring exercise performed by said particular user.

32. (original) The program for prioritizing actions in order to balance the comprehensive health of a user according to claim 27, said program further comprising:
means for monitoring bodily health indicators for said particular user.

33. (original) The program for prioritizing actions in order to balance the comprehensive health of a user according to claim 27, said program further comprising:

means for receiving a plurality of selectable medication orders at said personal health monitoring system from a physician accessible server system.

34. (original) The program for prioritizing actions in order to balance the comprehensive health of a user according to claim 27, said program further comprising:

means for receiving a plurality of selectable food menu items at said personal health monitoring system from a restaurant menu server.

35. (original) The program for prioritizing actions in order to balance the comprehensive health of a user according to claim 27, said program further comprising:

means for receiving a plurality of selectable electronic recipes at said personal health monitoring system from an electronic recipe server.

36. (original) The program for prioritizing actions in order to balance a comprehensive health of a user according to claim 27, said program further comprising:

means for determining a priority level at which sufficient allowances are available for each of said plurality of actions in view of said designated allowances, wherein said designated allowances includes at least one type of allowance from among time allowances, financial allowances, and health allowances.

37. (original) The program for prioritizing actions in order to balance the comprehensive health of a user according to claim 27, said program further comprising:

means for determining whether each of said plurality of selectable actions are allowed according to a plurality of conditional requirements for allowance of said plurality of selectable actions.

38. (original) The program for prioritizing actions in order to balance the comprehensive health of a user according to claim 27, said program further comprising:

means for transmitting said plurality of actions, said health profile and said designated allowances to an alternate decision making system; and

means for receiving a prioritization of said plurality of actions from said alternate decision making system at said personal health monitoring system.

39. (original) The program for prioritizing actions in order to balance the comprehensive health of a user according to claim 27, said program further comprising:

means for filtering said plurality of actions according to electronic preferences designated by said particular use at said personal health monitoring system.

40. (original) A method for scheduling tasks in order to balance the comprehensive health of a user, said method comprising the steps of:

monitoring current health parameters for a particular user at a personal health monitoring system, wherein said current health parameters includes a plurality of monitored physical parameters and a plurality of monitored environmental parameters;

receiving a plurality of tasks for said particular user for scheduling at said personal health monitoring system; and

selecting suitable times for scheduling said plurality of tasks in view of said current health parameters and designated allowances for said particular user at said personal health monitoring system, such that said personal health monitoring system aids said particular user in scheduling tasks in order to balance the comprehensive health of said particular user.

41. (original) The method for scheduling tasks in order to balance the comprehensive health of a user according to claim 40, said method further comprising the steps of:

receiving said plurality of tasks with a priority assigned to each of said plurality of tasks; and

selecting suitable times for scheduling said plurality of tasks according to said priority assigned to each of said plurality of tasks and a priority assigned to each task already scheduled.

42. (original) The method for scheduling tasks in order to balance the comprehensive health of a user according to claim 40, said step of receiving a plurality of tasks for said particular user for scheduling at said personal health monitoring system, further comprising the step of:

receiving said plurality of tasks for said particular user from an alternate decision making system.

43. (original) The method for scheduling tasks in order to balance the comprehensive health of a user according to claim 40, said step of receiving a plurality of tasks for said particular user for scheduling at said personal health monitoring system, further comprising the step of:

internally determining said plurality of tasks for said particular user at said personal health monitoring system according to said current health parameters and said designated allowances.

44. (original) The method for scheduling tasks in order to balance the comprehensive health of a user according to claim 40, said step of receiving a plurality of tasks for said particular user for scheduling at said personal health monitoring system, further comprising the step of:

receiving said plurality of tasks from said particular user via an input interface coupled to said personal health monitoring system.

45. (original) The method for scheduling tasks in order to balance the comprehensive health of a user according to claim 40, said step of selecting suitable times for scheduling said plurality of tasks in view of said current health parameters and designated allowances for said particular user, further comprising the steps of:

determining whether a particular task from among said plurality of tasks is schedulable; and

prompting said particular user to determine whether or not to schedule said particular task, in response to determining that said particular task is not schedulable.

46. (original) The method for scheduling tasks in order to balance the comprehensive health of a user according to claim 40, said method further comprising the step of:

determining whether each of said plurality of tasks is allowable according to designated conditional time requirements at said personal health monitoring system.

47. (original) The method for scheduling tasks in order to balance the comprehensive health of a user according to claim 40, said method further comprising the step of:

scheduling tasks in an electronic schedule according to time allowances designated by said particular user.

48. (original) The method for scheduling tasks in order to balance the comprehensive health of a user according to claim 47, said method further comprising the step of:

indicating whether a scheduled task requires verification of performance.

49. (original) A system for scheduling tasks in order to balance the comprehensive health of a user, said system comprising:

means for monitoring current health parameters for a particular user at a personal health monitoring system, wherein said current health parameters includes a plurality of monitored physical parameters and a plurality of monitored environmental parameters;

means for receiving a plurality of tasks for said particular user for scheduling at said personal health monitoring system; and

means for selecting suitable times for scheduling said plurality of tasks in view of said current health parameters and designated allowances for said particular user at said personal health monitoring system, such that said personal health monitoring system aids said particular user in scheduling tasks in order to balance a comprehensive health of said particular user.

50. (original) The system for scheduling tasks in order to balance the comprehensive health of a user according to claim 49, said system further comprising:

means for receiving said plurality of tasks with a priority assigned to each of said plurality of tasks; and

means for selecting suitable times for scheduling said plurality of tasks according to said priority assigned to each of said plurality of tasks and a priority assigned to each task already scheduled.

51. (original) The system for scheduling tasks in order to balance the comprehensive health of a user according to claim 49, said means for receiving a plurality of tasks for said particular user for scheduling at said personal health monitoring system, further comprising:

means for receiving said plurality of tasks for said particular user from an alternate decision making system.

52. (original) The system for scheduling tasks in order to balance the comprehensive health of a user according to claim 49, said means for receiving a plurality of tasks for said particular user for scheduling at said personal health monitoring system, further comprising:

means for internally determining said plurality of tasks for said particular user at said personal health monitoring system according to said current health parameters and said designated allowances.

53. (original) The system for scheduling tasks in order to balance the comprehensive health of a user according to claim 49, said means for receiving a plurality of tasks for said particular user for scheduling at said personal health monitoring system, further comprising:

means for receiving said plurality of tasks from said particular user via an input interface coupled to said personal health monitoring system.

54. (original) The system for scheduling tasks in order to balance the comprehensive health of a user according to claim 49, said means for selecting suitable times for scheduling said plurality of tasks in view of said current health parameters and designated allowances for said particular user, further comprising:

means for determining whether a particular task from among said plurality of tasks is schedulable; and

means for prompting said particular user to determine whether or not to schedule said particular task, in response to determining that said particular task is not schedulable.

55. (original) The system for scheduling tasks in order to balance the comprehensive health of a user according to claim 49, said system further comprising:

means for determining whether each of said plurality of tasks is allowable according to designated conditional time requirements at said personal health monitoring system.

56. (original) The system for scheduling tasks in order to balance the comprehensive health of a user according to claim 49, said system further comprising:

means for scheduling tasks in an electronic schedule according to time allowances designated by said particular user.

57. (original) The system for scheduling tasks in order to balance the comprehensive health of a user according to claim 56, said system further comprising:

means for indicating whether a scheduled task requires verification of performance.

58. (original) A program for scheduling tasks in order to balance the comprehensive health of a user, residing on a computer usable medium having computer readable program code means, said program comprising:

means for monitoring current health parameters for a particular user at a personal health monitoring system, wherein said current health parameters includes a plurality of monitored physical parameters and a plurality of monitored environmental parameters;

means for receiving a plurality of tasks for said particular user for scheduling at said personal health monitoring system; and

means for selecting suitable times for scheduling said plurality of tasks in view of said current health parameters and designated allowances for said particular user at said personal health monitoring system, such that said personal health monitoring system aids said particular user in scheduling tasks in order to balance the comprehensive health of said particular user.

59. (original) The program for scheduling tasks in order to balance the comprehensive health of a user according to claim 58, said program further comprising:

means for receiving said plurality of tasks with a priority assigned to each of said plurality of tasks; and

means for selecting suitable times for scheduling said plurality of tasks according to said priority assigned to each of said plurality of tasks and a priority assigned to each task already scheduled.

60. (original) The program for scheduling tasks in order to balance the comprehensive health of a user according to claim 58, said program further comprising:

means for receiving said plurality of tasks for said particular user from an alternate decision making system.

61. (original) The program for scheduling tasks in order to balance the comprehensive health of a user according to claim 58, said program further comprising:

means for internally determining said plurality of tasks for said particular user at said personal health monitoring system according to said current health parameters and said designated allowances.

62. (original) The program for scheduling tasks in order to balance the comprehensive health of a user according to claim 58, said program further comprising:

means for receiving said plurality of tasks from said particular user via an input interface coupled to said personal health monitoring system.

63. (original) The program for scheduling tasks in order to balance the comprehensive health of a user according to claim 58, said program further comprising:

means for determining whether a particular task from among said plurality of tasks is schedulable; and

means for prompting said particular user to determine whether or not to schedule said particular task, in response to determining that said particular task is not schedulable.

64. (original) The program for scheduling tasks in order to balance the comprehensive health of a user according to claim 58, said program further comprising:

means for determining whether each of said plurality of tasks is allowable according to designated conditional time requirements at said personal health monitoring system.

65. (original) The program for scheduling tasks in order to balance the comprehensive health of a user according to claim 58, said program further comprising:

means for scheduling tasks in an electronic schedule according to time allowances designated by said particular user.

66. (original) The program for scheduling tasks in order to balance the comprehensive health of a user according to claim 65, said program further comprising:

means for indicating whether a scheduled task requires verification of performance.

67. (canceled)

68. (canceled)